

D-GROUPS EXPLAINED

What is a D-Group?

A D-Group, or Discipleship Group, is composed of 3-5 men or women who commit to daily Bible reading, journaling, and accountability as well as sharing life (at least a few hours a week).

Through this weekly interaction, the group agrees to honestly share what God is showing them about themselves (good and bad), about the Word, and about His mission. The goal of each D-Group is to multiply, by two or more members from each group replicating the group at the end of a period of time (usually 1 year), by inviting 3-5 others to take the same discipleship journey with them. D-Groups are a simple, reproducible tool for disciple making that rely on the Word of God and the Spirit of God at work in the people of God. (Matthew 28:18-20, 2 Timothy 2:2)

1 | Daily Bible Reading

Each D-Group member will read a chapter of the Bible every weekday with the goal of reading to hear and obey. (Psalm 1:1-3, Romans 12:1-2, John 15:5)

2 | Journaling

To help the each D-Group member hear and obey God through His Word the group member records a journal entry each week day based on the day's reading. The format used for the journal is H.E.A.R. (James 1:22, John 5:19)

Highlight - A verse or verses that stood out while reading.

Explain - The explanation or context of what is happening in the verses or passage highlighted.

Apply - The application God is leading towards in order to obey the Word.

Respond - Prayer in response to how God is leading.

3 | Accountability

Daily journals are shared by text message to a group text string shared by the members of the D-Group. This inspecting of what is expected helps keep group members accountable to stay in the Word daily. (Proverbs 27:17, Proverbs 27:6))

4 | Shared Life

D-Groups commit to at least a few hours spent together every week. This takes the form of a 1-2 hour weekly meeting and ideally spills out into shared workouts, meals, and anything else they might endeavor together. (Mark 3:14, 2 Timothy 2:2)

Accountability Questions (Examples)

1. What is God teaching you this week and what are you going to do about it?
2. What is the most challenging area of life right now?
3. What is the most exciting aspect of life in this season?
4. How is your time in the Word and prayer? What are you asking God for?
5. With whom are you intentionally building Gospel/Kingdom driven relationships?
6. How is the quantity/quality of your time with family lately?
7. Is there any divisiveness or bitterness in your relationships?
8. Are you taking in content or allowing thoughts that contribute to lustful thoughts/actions?
9. Have you lied about any of your answers today?

Covenant Agreement

I commit to:

- A season of intensely seeking God through the Word, through prayer, and through accountable relationships.
- Reading and journaling every weekday and sharing with my D-Group.
- Meeting with my D-Group for an hour or more every week unless kept from meeting for a very good reason.
- Contributing to an atmosphere of total honesty and confidentiality.
- Praying for the members of my D-Group.
- Begin praying that God will multiply this D-Group through me by asking Him to show me the people who He wants me to invest truth and life in through a new D-Group.

Signed: _____ Witnessed: _____



DISCIPLESHIP IS TRUTH AND LIFE TRANSFERENCE IN THE CONTEXT OF RELATIONSHIP.

“We loved you so much we were delighted to give you, not only the Gospel of God, but our lives as well, because you had become so dear to us.” 1 Thessalonians 2:8